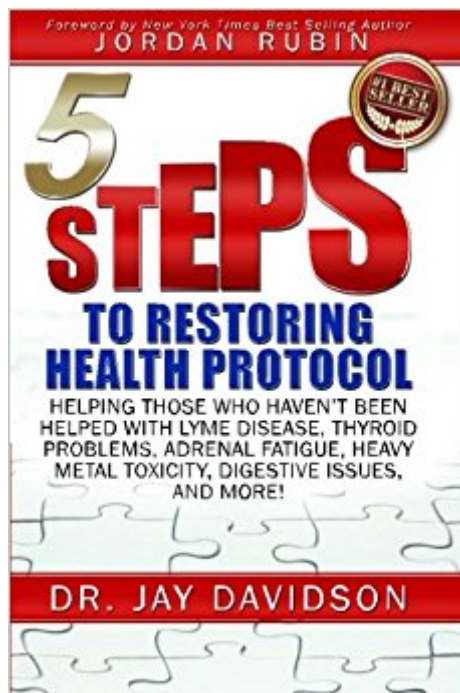




The book was found

5 Steps To Restoring Health Protocol: Helping Those Who Haven't Been Helped With Lyme Disease, Thyroid Problems, Adrenal Fatigue, Heavy Metal Toxicity, Digestive Issues, And More!



Synopsis

After seeing his wife's health deteriorate, Dr. Jay Davidson went on a search for the answers her doctors just could not find. His research led him to the techniques that he now employs in his 5-step plan. Not only did his wife's health rebound, but Dr. Davidson personally began following this plan as well. Even though he was relatively healthy, he saw great results. This showed him that anyone could benefit from his plan. After hundreds of his patients achieved their wellness goals using his techniques, he knew he had to share them with a larger audience. Of the success that he has seen in his clients as they incorporate his protocol into their treatment plan, Dr. Jay Davidson said, "The message is simple: no matter what your past is like or current circumstances are, there is hope. You can make a massive transformation in your life for the better." • His 5 Steps to Restoring Health Protocol is simple: (1) identify the problems, (2) drain the junk from your body, (3) eliminate pathogens, (4) rebuild your body's tissues and pathways, and then (5) finally remove the heavy metals, biotoxins, and persistent organic pollutants (POPs) that have ravaged your system.

Book Information

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Customer Reviews

Dr. Jay Davidson is a doctor, speaker, #1 bestselling author, husband, father, church elder and radio talk show host.

Dr Jay keeps the difficult simple. His style of practice is awesome, I hope other dr.'s get on board as

Dr. Jay is and start getting to the core of the problem vs. masking the symptoms. Thank You Dr. Jay for bringing Hope back!

a chiropractor advised me to buy this. Some is useful. some not

This is a fabulous book. I love how Dr Davidson shares his knowledge in the healing category along with his faith. It is an enjoyable read and very helpful for someone in his healing journey.

I love this book. It has straightforward information from someone who is a medical professional and has been through it with himself and his own family. And I love his podcast. I'm buying one for my Mom and my son in law who has cancer.

Wonderful resource to have! So thankful that Dr Jay is so passionate about equipping people so they can make informed decisions regarding their health.

Dr. Davidson's book is incredibly informative, and gave me a new perspective on my own health. Definitely recommended.

I bought this book for many reasons. Loved it so much that I bought three more for family.

Life changing information! It is giving us insight on some of our health problems and solutions with practical steps. I especially like that Dr. Davidson suggests specific supplements and where to purchase them. This is a great resource book to keep and refer to often.

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Adrenal Reset Diet: 51 Days of Powerful Adrenal Diet Recipes to Cure Adrenal Fatigue, Balance Hormone, Relieve Stress and Lose Weight Naturally Travel Tips and Adrenal Fatigue Syndrome: How to Avoid Adrenal Crashes (Dr. Lam's Adrenal Recovery Series) Hormone Diet: The Hormone Reset Diet, Balance Hormones, Recharging Health and Losing Weight Effortlessly! BONUS Hormone Reset Diet Recipes! (adrenal fatigue diet, adrenal fatigue, Thyroid Diet: A Guide For Using The Thyroid Diet to Manage Thyroid Symptoms, Increase Metabolism and Lose Weight (dieting, weight loss, thyroid, hyperthyroidism, ... hyperthyroidism diet, thyroid diet plan,) Adrenal Fatigue: Overcome Adrenal Fatigue Syndrome, Boost Energy Levels, and Reduce Stress Adrenal Fatigue: Combat Adrenal Fatigue Syndrome Naturally and Boost Your Energy Levels for Good! Reset Your Natural Balance Now! (Reduce Stress, Boost Energy, Adrenal Reset Diet Book 1) Adrenal Fatigue: Combat Adrenal Fatigue Syndrome Naturally and Boost Your Energy Levels for Good! Reset Your Natural Balance Now! Ovarian-Adrenal-Thyroid Axis Imbalance: Why Your Thyroid Medications May Not Be Working (Dr. Lam's Adrenal Recovery Series) Gut: The Key to Ultimate Health - SIBO, IBS & Fatigue (GAPS, Candida, Chronic Fatigue, Fibromyalgia, Adrenal Fatigue, SIBO, Parasites) Adrenal Fatigue Cure Guide (Beat Chronic fatigue): Restoring your Hormones and Controlling Thyroidism Iodine: Thyroid: The Hidden Chemical at the Center of Your Health and Well-being (Thyroid, Hashimoto's, Thyroid Deficiency, Thyroid Diet) Lyme Disease Explained: Lyme Disease Transmission, Diagnosis, Symptoms, Treatment, Prognosis, Infectious Diseases, Vaccines, History, Myths, and More! Thyroid Diet: Thyroid Diet Guide To Understanding Hypothyroidism And Treating Hypothyroidism With Thyroid Diet Strategies For Losing Weight With An Underactive ... Diet For Underactive Thyroid) Overcoming Lyme Disease: The Truth About Lyme Disease and The Hidden Dangers Plaguing Our Bodies How to Fix Lyme Disease: 3 Secrets to Improve Any Lyme Disease Treatment

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